

December 4, 1974

COMMITTEE REPORT: The Sub-Committee on Standards

Committee Members: Ted Corbitt, Chairman, 150 W. 225 Street, Apt. 8H, Section 4, New York, NY 10463; (2) Dr. David Costill; (3) Ron Daws; (4) Dr. Tom Osler; (5) William Hargus; and (6) Dr. David A. Senechalle. Plus consultants: Aldo Scandurra, R. Carman, Buddy Edelen, and John C. Jewell (RRC of England).

The Standards Committee is charged with examining details of road course measurements and certifying courses found to be accurate; and with upgrading all standards related to running competition.

PROJECTS IN PROGRESS:

1. Setting up better timing procedures for long distance running.
2. Determining ways to cope with a growing air pollution problem.
3. Improving measurement data collection forms (questionnaires).
4. Comparison of the Calibrated Bicycle Method of Measuring with a Steel Tape Measurement over unpaved surfaces.

ROAD COURSE CERTIFICATION

The road course certification program has been in operation 10 years. In the continuing marathon "explosion", there are now 88 certified marathon courses in the USA. Eleven other marathon courses have a "provisional certification", and seven others have been measured but cannot be approved because of poor measurement techniques. During the first eight months of 1974, the Committee approved 33 course measurements. The Committee strongly urges that road race courses be measured with either the Senechalle Counter Assembly, or the Jones Counter Assembly, both of which are attached to a bicycle.

Measurement standards are continually being upgraded. Doctors Osler and Senechalle did yeoman service in helping evaluate road course measurements, with valuable assistance from Daws and Hargus. Mr. Alan Jones, Endwell, New York and Consultants Scandurra and Jewell were again very helpful to the Committee in its various activities.

The Committee again strongly urges that those who successfully bid for national AAU Championship runs, immediately inform their race sponsors back home of the rule requiring that championship runs be held on courses which have been certified by the Standards Committee. And those who are assigned to measure the course, should familiarize themselves with acceptable standards before measuring the road race course. The Committee can help in these matters.

The Committee has helped runners (officials) in Canada to inaugurate a road course certification program, using the same standards that we (and England) use.

The Committee recommends Pan Am Games Marathon Tryout qualifying times similar to those set for the 1972 Olympic Games team, i.e., 2:30 or better for a marathon run on a certified course.

NATIONAL AAU CHAMPIONSHIP COURSES: Through August, these Championship courses have been certified as accurate: Jr. 10 km X-Country; Senior, Junior and Masters 10 km; Senior and Masters 20 km; Senior and Masters 25 km; Senior and Masters 30 km, and 50 km Marathon and 50 Mile Runs.

NOT CERTIFIED TO DATE: Senior 3,000 meters, Freehold, N.J., and Masters, San Diego, Cal.; Senior 10 km X-Country, Pacific Assn.; Masters, Los Angeles; 5,000m X-Country, York, Pa.; 8,000m X-Country, Pacific Assn.; and Junior 20 km, Aurora, Colorado.

Submitted by - Ted Corbitt, September 10, 1974

CERTIFIED MARATHON COURSES (September 7, 1974)

1. "Alamosa Marathon", Alamosa, Colorado
2. "All Comers Marathon", Eugene, Oregon
3. "American National Marathon", Galveston, Texas
4. "The Amoco Marathon", Canton, Ohio
5. "The Anaheim Marathon", Anaheim, California
6. "Andrew Jackson Marathon", Jackson, Tennessee
7. "Atlantic City Marathon", Atlantic City, New Jersey
8. "Avenue of the Giants Marathon", Weott, California
9. "Barryville Marathon", Barryville, New York
10. "Bay State Marathon", Framingham, Massachusetts
11. "Birch Bay Marathon", Blaine, Washington
12. "Boston Marathon", Boston, Massachusetts
13. "Breckenridge Marathon", Breckenridge, Michigan
14. "Cheney Marathon", Cheney, Washington
15. "Cherry Tree Marathon", New York, New York
16. "Cupertino Marathon", Cupertino, California
17. "Curtis Country Lane Memorial Day Marathon", Curtis, Nebraska
18. "Cyclone Country Marathon", Ames, Iowa
19. "Detroit News Marathon", Belle Isle Park, Detroit, Michigan
20. "Duraleigh Marathon", Raleigh, North Carolina
21. "Fiesta Bowl Marathon", Scottsdale, Arizona
22. "Finger Lakes Marathon", Marathon, New York
23. "First Trust Marathon", (Course II), Baldwinsville, New York
24. "Florida Relays Marathon", Gainesville, Florida
25. "Freedom Marathon", Monticello, Illinois
26. "Glass City Marathon", Toledo, Ohio
27. "Grandfather Mountain Marathon", Grandfather Mountain, North Carolina
28. "Grand Valley Marathon", Grand Rapids, Michigan
29. "Greensboro-to-Winston-Salem Marathon", Winston-Salem, North Carolina
30. "Ground Hog Day Marathon Run", Merrilton, Arkansas
31. "Guam Marathon", Tumon, Guam
32. "Harrisburg National Marathon", Harrisburg, Pennsylvania
33. "Hinsdale Central Marathon", Hinsdale, Illinois
34. "Holyoke Marathon", Holyoke, Massachusetts
35. "Honolulu Marathon", Honolulu, Hawaii
36. "Houston Marathon", Houston, Texas
37. "Humboldt Marathon", Humboldt, Kansas
38. "International Rice Festival Marathon", Crowley, Louisiana
39. "Island Marathon", Portland, Oregon
40. "Jackson Park Marathon", Chicago, Illinois
41. "Jersey Shore Marathon", Asbury Park, New Jersey
42. "Kansas University Relays Marathon", Lawrence, Kansas
43. "Las Vegas Marathon", Las Vegas, Nevada
44. "Livermore Marathon", Livermore, California
45. "Longest Day Marathon", Brookings, South Dakota
46. "Mackinaw Trails Marathon", Saginaw, Michigan
47. "Maryland Marathon", Baltimore, Maryland
48. "Mile High Marathon", Denver, Colorado
49. "Mission Bay Marathon", San Diego, California
50. "Motor City Marathon", Detroit, Michigan
51. "N.A.I.A. National Marathon Course", Billings, Montana
52. "Napa Champagne Marathon", Napa, California
53. "New Orleans Marathon", New Orleans, Louisiana
54. "New York Marathon", New York, New York
55. "Nike-Oregon Track Club All Comers Marathon", Eugene, Oregon

56. "Odessa Marathon", Odessa, Texas
57. "Oil Capital Marathon", Tulsa, Oklahoma
58. "1972 Olympic Trails Marathon Course", Eugene, Oregon
59. "Paave Nurmi Marathon", Hurley, Wisconsin
60. "Palos Verdes Peninsula Marathon", Palos Verdes Estates, California
61. "Peach Bowl Marathon", Atlanta, Georgia
62. "Petaluma Marathon", Petaluma, California
63. "Philadelphia Marathon", Philadelphia, Pennsylvania
64. "Plodders Marathon (and Eastern Masters)", Avon, Massachusetts
65. "Point Reyes Marathon", Point Reyes, California
66. "Power Marathon (National Capital Marathon)", Washington, D.C.
67. "Puerto Rican Hispanic Marathon", New York, New York
68. "The Quincy Marathon", Quincy, Illinois
69. "Redfield Marathon", Redfield, Iowa
70. "Regional Olympic Development Marathon Course", Long Island, New York
71. "Roadrunner Marathon", Gage, Oklahoma
72. "Rochester Marathon", Rochester, New York
73. "Rocklin Marathon", Rocklin, California
74. "Rotary Shamrock Marathon", Virginia Beach, Virginia
75. "San Martin Marathon", San Martin, California
76. "Santa Barbara Marathon", Santa Barbara, California
77. "Santa Rosa Marathon", Santa Rosa, California
78. "Spokane Marathon" and "Spokane Expo Marathon", Spokane, Washington
79. "Terre Haute Marathon" or "Marathon Marathon", Terre Haute, Indiana
80. "Third Olympiad Memorial Marathon", St. Louis, Missouri
81. "Trail's End Marathon", Seaside, Oregon
82. "Washington's Birthday Marathon", Beltsville, Maryland
83. "West Valley Marathon" and "Western Regional Marathon Course", Burlingame, Cal.
84. "Western Hemisphere Marathon", Culver City, California
85. "White Rock Marathon", Dallas, Texas
86. "Whitewater Marathon", Whitewater, Wisconsin
87. "World Masters Marathon", (Course II), Orange, California
88. "Yonkers Marathon", Yonkers, New York

CERTIFICATION PENDING

1. "Earth Day Marathon", Westbury, New York
2. "Heart of America Marathon", Columbia, Missouri
3. "Land of Lakes Marathon", Minneapolis, Minnesota
4. "Seattle Marathon", Seattle, Washington
5. "Toledo Road Runner 'Boston Warm Up' Marathon", Toledo, Ohio
6. "Windy Marathon", Brownsburg, Indiana

(Eleven courses need to be re-measured for acceptance)

CERTIFIED 50 Kilometers

1. Jackson Park, Chicago, Illinois
2. Green River, Kent, Washington

CERTIFIED 50 Miles

1. Rocklin, California
2. Lake Waramaug, Kent, Warren and Washington, Connecticut
3. Stone Mountain, Georgia
4. DesMoines, Iowa
5. Atlantic City, New Jersey
6. Poughkeepsie, New York
7. Central Park, New York, New York

CERTIFIED 100 Kilometers

- 1: Lake Waramaug, Washington, Warren and Kent, Connecticut