Road Running Techical Council
USA Track & Field
Measurement Certificate

recognized by RRCA

Name of the course Arthritis Jingle Bell Run Distance 5 km

Location (state) CT (city) West Haven

Type of course: Road Race

Measuring Methods: Bicycle

Measured By Guido Bros - 174 Plant St - (860) 437-7247 - pvolkmar@snet.net

Race Contact Lauren Amendola-Arthritis Foundation - 35 Cold Spring Rd. Rocky Hill, CT 06067 - 860-506-3441

Date(s) when course measured: 09/23/2019

Number of measurements of entire course: 2 Course Configuration: same out/back

Elevation (meters above sea level) Start 3.05 Finish 3.05 Lowest 0 Highest 9.14

Straight line distance between start and finish 0 m Drop 0.00 m/km Separation 0.00 %

Type of surface: Paved 100 % Dirt 0 % Gravel 0 % Grass 0 % Track 0 %

Effective date of certification: October 4, 2019 Certification code: CT19035JHP

Note to Race Director: Use this Certification Code in all public announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

Verification of Course --- In the event a National Open Record is set on the course, or at the discretion of USA Track & Field, a verification measurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 of the year: **2029**

Jane H. Parks

AS NATIONALLY CERTIFIED BY:

Date: October 4, 2019

Jane Parks - USATF/RRTC Certifier - 8606 Wiese Rd, Brecksville OH 44141
(973) 349-0033 - janehp3+ctcert@gmail.com

ARTHRITIS FOUNDATION JINGLE BELL RUN

3.106856-MI (5K)

WEST HAVEN, CT

MEASURED ON: 9/23/2019 ALONG THE SHORTEST ROUTE WITHIN THE EDGES OF THE SAVIN ROCK TRAIL AND THE BEACH ST. SIDEWALK. RUNNERS ARE RESTRICTED TO THE SIDEWALK ON BEACH ST.

ELEVATIONS: START 10-FT; FINISH 10-FT; HIGHEST 30-FT; LOWEST 0-FT

START TO FINISH SEPARATION: 0-FT (COINCIDENT)

CALIBRATION COURSE: CT19024JHP

MEASURED BY: GUIDO BROTHERS ESCORT SERVICE
pvolkmar@snet.net

USATF Certificate
CT19035JHP
Effective: 10/04/2019
Through: 12/31/2029

-THE ROUTE-

START ON THE SAVIN ROCK TRAIL ABOUT 460-FT WEST OF THE CONFERENCE CENTER, AT THE RUICOLDT AND MASI BENCHES, HEADING EAST. CONTINUE ON SAVIN ROCK TRAIL UNTIL IT EXITS ONTO THE BEACH ST. SIDEWALK. CONTINUE ON THE SIDEWALK ON THE SOUTH SIDE OF BEACH ST. HEADING EAST TO THE TURNAROUND. TURNAROUND AND HEAD WEST ON THE BEACH ST. SIDEWALK. RUNNERS MUST STAY ON THE SIDEWALK. CONTINUE ONTO SAVIN ROCK TRAIL, HEADING WEST. CONTINUE TO BRADLEY POINT AND FOLLOW THE TRAIL. BEAR LEFT ON THE PATH AT THE "VETERANS WALK OF HONOR" SIGN. FOLLOW THE TRAIL IN A CLOCKWISE DIRECTION (RIGHT TURNS) AND HEAD EAST TOWARD THE START. CONTINUE ON THE TRAIL AND FINISH AT THE SAME LINE AS THE START.

-THE MILES-

1. ON THE BEACH ST. SIDEWALK, HEADING EAST, 50-FT PAST (EAST OF) THE PUMPING STATION AND POLE 129. OPPOSITE THE DOOR OF #267.
2. ON THE SAVIN ROCK TRAIL (LEFT SIDE) HEADING WEST, OPPOSITE THE DOOR OF #162.
3. ON THE SAVIN ROCK TRAIL HEADING EAST, 25-FT PAST (EAST OF) THE "VETERANS WALK OF HONOR" SIGN. 15-FT BEFORE (WEST OF) THE ARMANDO "DO DADDY, GRANDPA" VONA BENCH.

